

# POPULATION HEALTH NURSING: RELEVANT COURSEWORK

*Effective for cohorts beginning Autumn 2017*

A UNIQUE FEATURE AND STRENGTH OF THE POPULATION HEALTH NURSING CURRICULUM IS INTERDISCIPLINARY EDUCATION. LISTED BELOW ARE COURSES OFFERED AT THE UW SEATTLE CAMPUS THAT WE RECOMMEND TO OUR STUDENTS. ALWAYS CONSULT THE UW COURSE CATALOG AND TIME SCHEDULE FOR THE MOST UP-TO-DATE INFORMATION.

## TRACK-SPECIFIC COURSES

### *NURS 576: ASSESSMENT AND COLLABORATION WITH COMMUNITIES AND SYSTEMS (3)*

Examines, critiques and applies theory in assessing communities, populations, and systems cross-culturally; focuses on advanced practice, executive leadership/policy, and practice inquiry; broad definition of community includes organizations. Team work emphasized in assessment implementation, i.e., survey, interview, focus groups, observation/participant observation; advances understanding of social determinants of health. Offered: A.

### *NSG 556: PROGRAM PLANNING FOR HEALTH SYSTEMS AND MULTICULTURAL COMMUNITIES (4)*

Culture theory and methods are seen as the essential foundation for culturally appropriate translations and adaptations in health promotion programming. The course is an exploration of culture as it relates to the program planning process, methods, theories, attitudes, and skills in health promotion and disease prevention through community engagement.

### *NSG 561: COMMUNITY HEALTH SYSTEMS FOR EQUITY (3)*

Defines, evaluates, and synthesizes how community health systems promote health equity. Emphasizes how various systems, such as care systems, public health, governmental, tribal, family, and social-kin, nonprofit, faith-based, and business systems, inhibit or promote communal health. Highlights advanced practice, practice inquiry, and leadership implications. Offered: A.

### *NSG 511: PREVENTION ISSUES IN COMMUNITY HEALTH (3)*

An interdisciplinary overview of community health prevention approaches focusing on the social determinants of health and health disparity reduction among vulnerable populations. Analysis of community and population preventive strategies across the life course. Roles of advanced community health nurses as prevention leaders and consumers of prevention information are emphasized. Offered: W.

### *NSG 559: PREVENTION EFFECTIVENESS IN COMMUNITY HEALTH (1)*

Focuses on increasing effectiveness of organization- and community-level health promotion and prevention programs with multicultural communities. Includes web-based toolkits pertaining to: cross-cultural adaptations of health promotion programs; mental health promotion in communities; institutional readiness to sustain prevention policies; and community engagement in health promotion efforts. Credit/non-credit only.

## CONCENTRATIONS

*3-5 credits.* Students take non-nursing courses available on the UW Seattle campus to further develop competencies related to the areas of Community Engagement for Health Equity, Global and Cross-Cultural Health, or Health Systems Transformation.

Offerings and course descriptions may change during the year.

## COMMUNITY ENGAGEMENT FOR HEALTH EQUITY

### *HSERV 510: SOCIETY AND HEALTH (3)*

Provides an overview of three core areas in the social and behavioral sciences of public health practice and research: social determinants of individual and population health, health promotion and disease prevention, and cultural competency and community collaboration.

### *SOC W 536: SOCIAL MOVEMENTS AND ORGANIZING: PEOPLE, POWER AND PRAXIS (3)*

Focuses on social, economic, and political problems from an organizer's perspective, and strategies, tactics, and skills necessary to engage in organizing activities. Emphasizes principles common to community, electoral, union, and issue organizing. Addresses why people organize, how organizing works, and what it takes to be a good organizer.

### *SOC W 538: CRITICAL EMPOWERMENT PRACTICE WITH MULTI-ETHNIC COMMUNITIES (3)*

Principles of empowering practice, critical analyses of models of multiculturalism and paradigms of knowledge and practice proven problematic in our increasingly diverse society. Assists students in developing empowering practice values, knowledge, and skills for work in multi-

ethnic communities.

***SOC W 560: POLICY PROCESSES, INSTITUTIONS, AND INFLUENCES (3)***

Focuses on the process and institutions through which social policies are developed, adopted, and implemented, with special attention to the implications of these processes for social justice. Develops practice skills in analyzing and influencing the policy process, including social problem definition, policy design, policy adaptation, and policy implementation.

***UCONJ 624: HEALTH EQUITY AND COMMUNITY ORGANIZING (1)***

Equips students with tools to organize themselves and others to address social and structural injustices that perpetuate health disparities. Didactic coursework complemented with opportunities to apply skills and gain confidence through hands-on collaboration with local leaders and engagement in community-driven listening and advocacy campaigns. Credit/no-credit only. Offered: AW.

***PUBPOL 567: COMMUNITY ENGAGEMENT AND URBAN GOVERNANCE (3/4)***

Investigates interactions between citizen participation and efforts to measure and improve policy and program performance in large cities. Develops analytic frameworks and practical strategies for sustaining and enhancing participation and performance.

**GLOBAL AND CROSS-CULTURAL HEALTH**

***ANTH 575: CULTURAL CONSTRUCTION OF ILLNESS: SEMINAR IN MEDICAL ANTHROPOLOGY (5)***

Historical and comparative examination of depression, neurasthenia, somatization, hypochondriasis, and hysteria. Anthropology of psychosomatics and psychiatry, including cultural analysis of selected biomedical, indigenous folk medical, and popular common-sense conceptualizations of illness.

***EDPSY 536: IMMIGRANT AND INDIGENOUS CHILDREN: SOCIAL CONTEXT OF LEARNING (3)***

Focuses on the broad context of family, school, and society of immigrant and indigenous young children in the United States. Introduces the complex interplay of socio-cultural and psychological factors that impact these children's learning. Offered: WS.

***JSIS B 541: FORCED MIGRATION (5)***

Provides an interdisciplinary understanding of the causes, characteristics, and consequences of forced migration experiences across the global system. Explores how international policy makers, humanitarian workers, and scholars have constructed forced migrations as a problem for analysis and actions, including some of the ethical dilemmas involved.

***GH 516: HEALTH AND HUMAN RIGHTS (3)***

Examines the basic concepts in the fields of human rights law and public health, and uses those concepts to examine the interdependence and tensions between the two fields. Introduction to the fields of public health and human rights law, examining the impact of health policies and programs on human rights. Offered: jointly with LAW H 540; W.

***GH 519: WAR AND HEALTH (4)***

Explores the health consequences of war (injury, infectious diseases, mental health, chronic disease, malnutrition, infrastructure) and the role of health professionals and others in preventing war (advocacy, measurement and application of epidemiology methods, promotion of social equity). Offered: jointly with HSERV 515; Sp.

***GH 521: LEADERSHIP DEVELOPMENT IN GLOBAL HEALTH (3)***

Focus on enhancing ability to lead in complex global health environments. Self and group assessment, case studies, and small group work. Topics include personal and professional vision, mission, and values; communication and influencing strategies; understanding strengths and weaknesses as a leader. Offered: A.

***GH 523: POLICY DEVELOPMENT AND ADVOCACY FOR GLOBAL HEALTH (3)***

Primarily taught through case- and problem-based learning and small group work, explores complex factors affecting global health policy and how context (e.g., ideology, culture, and history), international institutions, scientific knowledge, and stakeholder interests affect the structure of and changes to a nation's health system and its performance. Offered: Sp.

***GH/HSERV 544: MATERNAL AND CHILD HEALTH IN LOW AND MIDDLE INCOME COUNTRIES (3)***

Emphasizes critical health problems of women and children in developing countries in social, economic, and cultural contexts. Practical approaches to developing MCH programs shared via lecture/discussions, exercises, and small group work. Students acquire skills in baseline assessment, setting objectives, planning and evaluating interventions, and involving communities. Offered: jointly with HSERV 544; W.

***LAW H 515: GLOBAL HEALTH LAW (3)***

Provides an examination of the legal, economic, social, ethical, and political aspects of global health. Explores the emergence of global health law as a multilateral tool to address health disparities and improve the health of the vulnerable. Offered: A.

***PSYCH 580: MINORITY MENTAL HEALTH (3)***

Surveys topics on mental health and treatment of racial and ethnic minorities. Theory emphases include: models addressing ethnic identity, cross-cultural differences, models of culturally sensitive intervention. Practice emphases include unique psychotherapy strategies for: African-, Asian-, and Latino-Americans, and American Indians. Prerequisite: graduate clinical major standing in psychology, or permission of instructor.

***PUBPOL 541: THE ROLE OF NONGOVERNMENTAL ORGANIZATIONS IN INTERNATIONAL DEVELOPMENT (4)***

Explores some of the major issues faced by nongovernmental organizations (NGOs) working on development issues worldwide. Examines organizational forms, NGO-state relationships, inter-organizational relationships, and the relationship of NGOs to beneficiaries.

***SOC W 537: EMPOWERMENT PRACTICE WITH REFUGEES (3)***

Empowerment practice with refugees and immigrants across a transnational continuum of forced migration, including flight, internal displacement, asylum seeking, repatriation, and resettlement. Instruction includes classroom activities, workshops with local service providers, and agency-based projects. Addresses implications for strengths-based social services, policy, and practice skills.

***UCONJ 504: ADVANCED INTERDISCIPLINARY CASE STUDIES IN GLOBAL HEALTH (3)***

Uses actual multidisciplinary case studies to (1) analyze quantitative parameters of diseases, (2) contrast the descriptive and analytic approaches of health sciences, anthropology, and nutritional sciences, (3) integrate diverse disciplinary perspectives into cohesive information, (4) organize class presentations, and (5) apply critical thinking in approaching complex health issues. Offered: Sp.

***UCONJ 530: ISSUES IN INDIAN HEALTH (2)***

Surveys historical and contemporary issues in Indian health. Covers Indian contributions to health, traditional Indian medicine, current disease epidemiology, development of federal Indian health policy, the Indian Health Service, tribal health programs, and consequences of major legislation on Indian health. Prerequisite: current health science student or permission of instructor.

***UCONJ 548: CURRENT ISSUES IN FIRST NATIONS BEHAVIORAL HEALTH: MENTAL HEALTH AND SUBSTANCE ABUSE (3)***

Historical and intergenerational antecedents of tribal psychiatric and substance abuse disorders. Oppression, economic circumstances, and family functioning as shaping mechanisms for attachment. Implications of insufficient attachment for neuro-development and developmental psychopathology. Traditional vs. mental health and substance abuse assessment and treatment. Self as provider to tribal clients, communities, systems.

**HEALTH SYSTEMS TRANSFORMATION**

***HSMGMT 554: ENTREPRENEURSHIP (2)***

Focuses on developing students' resourcefulness, know how, and decision support skills needed to critically identify, evaluate, and develop new healthcare ventures. Topics include anatomy of startup ventures; new venture creation and innovation, business plan development and assessment, financing, marketing, and growth strategies;

and corporate venturing.

***HSERV 507: HEALTH COMMUNICATION AND MARKETING FOR HEALTH PROMOTION: THEORY AND PRACTICE (3)***

Discusses health communication theories and applications at the individual level (persuasion), interpersonal level (motivational interviewing), and population level (mass media). Examines marketing principles for health promotion. Develops a health communication campaign for clients. Investigates adaptation frameworks of communication campaign cutting across cultures.

***HSERV 512: HEALTH SYSTEMS AND POLICY (3)***

Students review and examine selected topics from literature. Includes need and access to care; theory and effects of health insurance; private and public insurance programs; managed care; costs/expenditures; availability and organization of health resources; and quality assessment and improvement. Enrollment priority for Health Services PhD students. Prerequisite: HSERV 511.

***HSERV/ECON 587: HEALTH POLICY ECONOMICS (3)***

Applies economic theory to selected topics in healthcare, including information, risk and insurance, industry organization, government regulation, and public health issues. Emphasizes policy implications of these applications. Offered: jointly with ECON 547.

***LAW H 512/HSERV 551: PUBLIC HEALTH LAW (2)***

Focuses on the role of law in public health administration and in the increasingly regulated healthcare industry. Provides a foundation in the relevant law for public health officers and healthcare industry administrators. Offered: jointly with HSERV 551.

***LAW H 531: HEALTH LAW ADVOCACY (2-4, max. 4)***

Explores select aspects of legal advocacy for vulnerable patients and surrogate decision-makers in healthcare settings. Focuses on practical, pragmatic solutions to complex health law advocacy issues, using both classroom participation and mock guardianship hearings. Offered: Sp.

**MANAGEMENT & BUDGET**

3 credits. Students take courses available on the UW Seattle campus to fulfill this requirement.

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***ACCTG 503: INTRODUCTION TO ACCOUNTING FOR MANAGERS (4)***

Provides potential managers with a basic knowledge of financial and managerial accounting. Focuses on the use, not the preparation, of accounting information. Examples presented for a variety of for-profit and nonprofit organizations.

***GH 522: GLOBAL PROGRAM MANAGEMENT AND LEADERSHIP (3)***

Focuses on management and leadership skills for complex global health settings. Includes personal leadership strengths/values; management dilemmas, data-driven decisions; program planning design and evaluation; and resource management. Offered: W.

***HIHIM 598: PROJECT MANAGEMENT (3)***

Focuses on applying leadership readiness at the enterprise level; informatics and information governance challenges; research and project management resources; communication management strategies; and the impact of technology from management oversight to health services delivery. Offers an opportunity to practice a key role of leadership: transforming organizational culture by effective implementation of change. Offered: W.

***HSMGMT 510: ORGANIZATIONAL BEHAVIOR (3-4)***

Application of organizational behavior theory to explore the factors that affect behavior, performance, and job satisfaction of people working in organizations. Provides a body of knowledge and skills needed to successfully manage and lead healthcare organizations. Focuses on "best practices" for managing individuals, teams, and organizations.

***HSMGMT 560: MANAGEMENT PRACTICE IN HEALTH CARE AND PUBLIC HEALTH ORGANIZATION (1-4, MAX. 4)***

Note: This course is part of the Master in Health Administration program. Contact the instructor, if permission to enter is needed.

Introduction to leadership and management, focusing on effective strategies for creating a productive work environment. Organizational structure and strategy introduced. Case studies and other problem-solving methods, using health services applications, are utilized in order to apply theoretical material. Prerequisite: graduate student.

***HSMGMT 562: STRATEGIC MANAGEMENT OF HEALTH CARE ORGANIZATIONS (3-4, MAX. 4)***

Management of goals, strategy, and structure in healthcare organizations. Design of external relationships and internal structures., strategy-formulation, decision-making, and change. Integration of professional, social, and organizational values. Theory, student and practitioner experience, and case studies used to enhance repertoire of management approaches and skills. Prerequisite: HSERV 511 and HSMGMT 560 or equivalent.

***HSMGMT 574: FINANCIAL MANAGEMENT I (3-4)***

Prepares clinical professionals for participating intelligently in, and contributing to, financial decisions of healthcare organizations. Learn the language and fundamental concepts of accounting and finance, and become comfortable with what is required in formal financial analysis.

***MGMT 500: FINANCIAL MANAGEMENT I (3-4)***

Behavioral aspects of management with emphasis on leadership, motivation, and decision making. May include

communication, conflict management, group dynamics, and organizational change.

***PUBPOL 503: EXECUTIVE LEADERSHIP (3/4)***

Nature of executive life in the public sector, the function of leadership in implementing, making, and changing policy. Leadership styles, the relation of leadership to its constituencies and communities.

***PUBPOL 509: MANAGING PEOPLE IN PUBLIC AND NONPROFIT AGENCIES (3/4)***

Emphasizes the role of the program manager rather than that of the personnel officer. Managing people within a variety of programmatic, bureaucratic, and political settings. Case studies form basis of class discussion, assignments.

***PUBPOL 512: MANAGING ORGANIZATIONAL PERFORMANCE (4)***

Addresses questions of organizational design, personnel, and operations management to equip students with skills to perform effectively in mission-driven organizations. Core topics include organizational design, inter-organizational networks, human resources and staff management, improving service delivery and production flows, measuring and managing for performance, and ethical leadership.

***PUBPOL 515: DECISION MAKING FOR PUBLIC MANAGERS (3)***

Considers decision making from normative, prescriptive, and descriptive perspectives. Emphasizes individual decision making, with some discussion of organizational decision practice. Focuses on decision analysis; presents tools for structuring decisions; and considers the role of analysis as a basis for negotiation.

***PUBPOL 522: FINANCIAL MANAGEMENT AND BUDGETING (4)***

An introduction to financial and management accounting, and an overview of public and nonprofit budgeting systems. Covers tools and techniques for budget analysis and the use of financial information in managerial decision making.

***PUBPOL 523: ADVANCED BUDGETING IN THE PUBLIC SECTOR (3-4)***

Covers more advanced topics in governmental budgeting. Provides an overview of the functions, expenditures, and revenues of federal, state, and local governments.

Prerequisite: PUBPOL 522.

***PUBPOL 531: DEVELOPMENT MANAGEMENT IN THE TWENTY-FIRST CENTURY (3/4)***

Addresses organization, administration and evaluation in governmental and non-governmental agencies involved in development efforts. Students examine development strategies, alternative management approaches, and management skills such as budgeting, finance, human resource development and program evaluation. Other topics include communication, expatriate/local power

imbalances, decentralization, community involvement, culture, and personnel issues.

***PUBPOL 550: MANAGEMENT OF NONPROFIT ORGANIZATIONS (3/4)***

Focuses upon the roles played by nonprofit organizations in meeting the public good. Examines internal management issues such as structure, budget, and operations; and external issues such as board functions, legal status, marketing, media relations, and fund-raising.

***PUBPOL 557: MANAGEMENT AND PUBLIC CAPITAL MARKETS (4)***

Covers the institutions and dynamics of the public capital market; how the structure of that market shapes managers' choices about how to design, sell, and manage debt obligations; and the analytical tools managers and investors use to evaluate those choices and their potential consequences.

***SOC W 550: STRATEGIC PROGRAM MANAGEMENT AND CHANGE LEADERSHIP IN HUMAN SERVICES (3)***

Examines tools and techniques required for leadership, program planning, implementation, and program change. Topics include strategic planning, logic modeling, agency-bound relations, work-group facilitation, and diversity-promoting management. Lecture, discussion, and exercises. Required for SSW administration concentrators; open to others with permission of instructor.

***SOC W 551: HUMAN RESOURCE MANAGEMENT IN THE HUMAN SERVICES (3)***

Theories and techniques for 1) designing human services workplaces that support employees' performance and well-being, and 2) managing diverse, satisfied, and high-performing human service staffs. Topics include job quality analyses; job descriptions; employee interviewing, supervision and performance evaluation; models of negotiation and conflict resolution; and strategies for working with volunteers.

***SOC W 552: FINANCIAL MANAGEMENT OF HUMAN SERVICES PROGRAMS (3)***

Covers key financial management components of human service programs, including development and use of business plans, budgets, and financial statements. Helps students to demonstrate an understanding of financial management through budget preparation, financial statement analysis, new project cost projections, audits, and presentations using computer-based spreadsheets and presentation software.

***SOC W 580: GRANT WRITING AND FUND DEVELOPMENT (3)***

Prepares students to participate and provide leadership in grant writing and fundraising for community-based human services. Opportunity to practice skills required for developing a successful grant proposal and planning a successful fundraising program. Identify, cultivate, and develop sources of funding. Students assist in writing a complete grant proposal as final project.

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